## **Decisional Balance Inventory for Smoking: Adolescent Form**

The following statements represent different opinions about smoking. Please rate HOW IMPORTANT each statement is to your decision to smoke or not smoke according to the following five point scale.

|  | Not<br>Importan | t |   |   | Extremely Important |  |
|--|-----------------|---|---|---|---------------------|--|
| 1. Smoking makes kids get more respect from others       | 1               | 2 | 3 | 4 | 5                   |  |
| 2. Smoking helps people to cope better with frustrations | 1               | 2 | 3 | 4 | 5                   |  |
| 3. Smoking stinks  | 1               | 2 | 3 | 4 | 5                   |  |
| 4. Kids who smoke have more friends                      | 1               | 2 | 3 | 4 | 5                   |  |
| 5. Smoking cigarettes is pleasurable                     | 1               | 2 | 3 | 4 | 5                   |  |
| 6. Smoking can affect the health of others               | 1               | 2 | 3 | 4 | 5                   |  |
| 7. Kids who smoke go out on more dates                   | 1               | 2 | 3 | 4 | 5                   |  |
| 8. Smoking cigarettes relieves tension                   | 1               | 2 | 3 | 4 | 5                   |  |
| 9. Smoking cigarettes is hazardous to people's health    | 1               | 2 | 3 | 4 | 5                   |  |
| 10. Cigarette smoking bothers other people               | 1               | 2 | 3 | 4 | 5                   |  |
| 11. Smoking is a messy habit                             | 1               | 2 | 3 | 4 | 5                   |  |
| 12. Smoking makes teeth yellow                           | 1               | 2 | 3 | 4 | 5                   |  |